

## News release Oct. 28, 2019

## Jackson High students pledge to not vape

Freshman student initiates pledge drive



Katerina Vaagen shares her concerns with vaping and hands out pledge cards

"Attention all Jackson students: The no vape pledge kicks off on Tuesday. This is your chance to take a stand against the deadly outbreak that has led to over a thousand lung illnesses and more than two dozen deaths nationwide. Half of those sickened are young people like us," began the morning announcement at Henry M. Jackson High School.

Earlier this month, freshman Katerina Vaagen met with Principal Dave Peters with her idea of initiating a student-led pledge drive to encourage her fellow students and staff

members not to vape. Wholeheartedly approving the project, on October 22 Vaagen set up a pledge table during lunches and deemed it No Vape Pledge Day.

Immediately surrounded by students as they lined up to sign pledge cards, Vaagen along with fellow student Avery Kirscht, shared their concerns and handed out pledge cards.

"Let's help save lives and support one another during this epidemic," shared Vaagen. "Let's show them how Timberwolves are supporting the struggle against teen vaping."

Everett Public Schools is partnering with Snohomish County Health District to host three vaping information nights:

- 7 p.m. on Thursday, Nov. 7 in the Eisenhower Middle School cafeteria
- 7 p.m. on Monday, Nov. 18 in the Heatherwood Middle School cafeteria
- 7 p.m. on Thursday, Nov. 21 in the Community Resource Center

For more information on vaping and vapor products go to <a href="http://www.snohd.org/273/Vaping-Vapor-Products">http://www.snohd.org/273/Vaping-Vapor-Products</a>.

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## For more information:

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